

Linda's Recommended Reading List

Books about Life on Earth and other Planes of Existence

- Conversations with God 1 - Neale Donald Walsh
- Conversations with God 2 - Neale Donald Walsh
- Conversations with God 3 - Neale Donald Walsh
- Your Soul's Plan - Robert Schwartz
- Your Soul's Gift - Robert Schwartz
- The Nature of Personal Reality - Jane Roberts
- Playing the Matrix - Mike Dooley
- Jonathan Livingston Seagull - Richard Bach

Books about the Power of the Mind

- The Power of the Subconscious Mind - Joseph Murphy
- The Code of the Extraordinary Mind - Vishen Lakhiani
- El Código de la Manifestación - Raimón Samsó
- The Power of Awareness - Neville Goddard
- The Biology of Belief - Bruce Lipton
- The Silva Mind Control Method of Mental Dynamics - Jose Silva
- The Science of Self-empowerment - Gregg Braden
- Breaking the Habit of Being Yourself - Joe Dispenza
- Feel Free to Prosper - Marilyn Jenett
- Atomic Habits - James Clear

Books about Mind, Body and Soul

Mind:

- A Radical Awakening - Dr. Shefali
- Think and Grow Rich - Napoleon Hill
- Tell Yourself a Better Lie - Marisa Peer
- I Am Enough - Marisa Peer
- The 5 Second Rule - Mel Robbins
- The 4 Agreements - Don Miguel Ruiz
- Satan, An Autobiography - Yehuda Berg
- Think like a Monk - Jay Shetty

Body:

- Medical Medium - Anthony William
- Mind Over Medicine - Lissa Rankin
- When the Body Says No - Gabor Maté
- Breath - James Nestor

Soul:

- The Power of Vulnerability - Brené Brown
- The Myth of Normal - Gabor Maté
- The Choice - Dr. Edith Eva Eager
- The Man in Search for Meaning - Viktor Frenkl
- Loving What Is - Byron Katie
- Your Psychic Pathway - Sonia Choquette
- The 5 Love Languages - Gary Chapman
- Many lives, Many Masters - Brian Weiss
- Same Soul, Many Bodies - Brian Weiss

Books about Healing

- Us - Terrence Real
- Family Secrets - Ingala Robl
- Codependent No More - Melodie Beattie
- It Didn't Start with You - Mark Wolynn
- Letting Go - David Hawkins
- Lost Connections - Johann Hari

Books about Business

- Start with Why - Simon Sinek
- How to Win Friends and Influence People - Dale Carnegie
- The Buddah and the Badass - Vishen Lakhiani
- Applied Empathy - Michel Ventura

Memoirs / Autobiographies

- Autobiography of a Yogi - Paramahansa Yogananda
- Greenlights - Matthew McConaghey
- Born a Crime - Trevor Noah
- The Basoon King - Rainn Wilson

Novels

- Atlas Shrugged - Ayn Rand
- The Fountainhead - Ayn Rand
- Shantaram - Gregory David Roberts